

## EAST CLARE WALKING CLUB

Schedule: Nov. 2009-Apr. 2010

Now in its eleventh year, the club was originally formed to cater for walkers from the East Clare area. Today the club has members from many parts of the county as well as from counties Limerick, Tipperary and Galway.

A walk is held every second Sunday throughout most of the year, many routes incorporating various stages of the East Clare Way as well as further afield in The Burren, Galtees, Slieve Aughty, Slieve Bloom and Slieve Felim and the occasional riverside, lakeside or coastal walk.

Each route is given a star grading, "gentle", "moderate" or "tough" and more information can be obtained from the contact person for each walk as detailed on the club's current schedule.

Waterproof clothing and stout boots are essential for "moderate" or "tough" routes. Bring a packed lunch as most walks begin at 11am.

Two or three times a year the club organises a weekend away, or longer, staying in self-catering accommodation from the Friday evening. With a main walk on Saturday and a gentle walk on

Sunday morning (very gentle for those who have overdone the "craic" Saturday night!) these weekends or longer visits have proved very successful and good value.

Previous locations have included Mt. Brandon, Annascaul, Carrantouhill, Connemara, the Comeraghs, Mountains of Mourne, the Belgian Ardennes, French Pyrenees, Camino Pilgrims Route- Spain, Italian Appenines, Innishboffin, Knockmealdown Mountains and Slieve Bloom. Ongoing ideas for 2009 include a return to Carrantouhill and Connemara/Mayo.

Membership fees are:

Individual : €10 per annum

Family : €16 per annum

Visitor : €2 per walk

Fees collected go towards the cost of insurance, postage and stationary.

Full members can avail of a discount on purchases at several outdoor pursuits stores on production of their membership card.

If you would like to know more about the club's activities, how to join or details of this season's schedule,

*contact :*

**Marian Fahy,**

Derrawee,

Derrybrien,

Loughrea,

Co. Galway.

Tel. **061-925184 / 061-925106**

or **e-mail** [eclarewalkingclub@eircom.net](mailto:eclarewalkingclub@eircom.net)

## EAST CLARE WALKING CLUB SCHEDULE NOV. 2009-APR. 2010

DATE	WALK	CONTACT	ASSEMBLY POINT	TIME
NOV. 8 <sup>th</sup> . **	Derrygoolin, East Clare Way.	Prisca 086-81277 50	Mountshannon Church	11 A.M.
NOV.22 <sup>nd</sup> **	Carnagno Valley, East Clare Way.	Seamus 087-27247 11	Piper's Inn. Off Killaloe to Scariff road.	11 A.M.
DEC. 5 <sup>th</sup> * (Sat.)	Night Walk, Derrygoolin. AGM afterwards. Weather dependent, contact Pat on day.	Pat 087-92792 13	Bridge Bar, Mountshannon	7 P.M.
DEC.26 <sup>th</sup> * 2010 Membership available.	St. Stephen's Day Stumble. Mince pies and mulled wine afterwards at Prisca's. Let Prisca know re numbers to expect. €5—proceeds to charity.	Prisca 086-81277 50	Mountshannon Church	2 P.M.
JAN.10 <sup>th</sup> * 2010 Membership	Shannon Banks, Plassey. Riverside walk, Lough Derg Way.	Linda 087- 6131579	Riverside Carpark, Mill Rd., Limerick	11 A.M.
JAN.20 <sup>th</sup> **	Newmarket, Stone forts and lake. Mid Clare Way.	Anne L. 086-17926 53	Carpark, Newmarket Church	11 A.M.
FEB 7 <sup>th</sup> **	Coose, E. Clare Way.	Anne K. 087-76972 01	Mountshannon Church	11 A.M.
FEB 21 <sup>st</sup> . **	Kilbane, Slieve Bernagh.	Seamus 087-27247 11	Gunning's Bar, Kilbane.	11 A. M.
MAR 7 <sup>th</sup> **	Slieve Felim Way	Alan 087-28739 85	Petrol Station on left when entering Newport.	11 A.M.
MAR 21 <sup>st</sup> **	Abbey Hill, Turlough Hill, Burren.	Marian 087-64191 57	Wayside church, coast Rd. between Kinvarra and Ballyvaughan.	11 A.M.
APR 4 <sup>th</sup> . (Easter)	Easter Weekend Away?? Any suggestions to Pat to be discussed at AGM, Dec. 7 <sup>th</sup> .	Pat 087-92792 13		
		* gentle	** moderate	*** tough
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